

Epsilon Sigma Alpha International Council Newsletter

Kim Kummer, ESA International Council President 2018-2019

When I think about the many gifts I can give or have received, the intangible are some of the best. It costs nothing to give a smile to a stranger and even less to friend. I recently attended the ESA Foundation mid-year board meeting; as the chaplain, I was asked to share an opening and closing thought. As I contemplated where to start, I looked at my overflowing bookshelf and was reminded of one of my favorite gifts from my mother in law, The Right Words at the



Right Time - Marlo Thomas and Friends. I opened up the inside cover and saw her handwriting and the sweet words she shared with me nearly 15 years ago. A gift in a gift.

Since reading a few of the entries that day, I have thought a lot about words and what a gift they can be to someone else. It is easy to share a compliment with a friend or family member but what about a complete stranger? I've been known to tell a waitress or drive through attendant that they have a beautiful smile and they should wear it every day. Those few words, that cost nothing, can be a tremendous gift to someone and we don't even know it. One of my favorite analogy is "words are like toothpaste"...have you ever tried to squeeze toothpaste back into the tube. Always chose your words to be a gift to others. ESA is celebrating 90 years! How exciting for us and our organization. I plan to celebrate & reminisce all year long especially in the months up to convention. Think about some of the best socials you have had over the years. How much fun would it

be to do it again using it as a recruitment opportunity? I am recalling a luau hosted at one of our members home by the lake. We had plenty of grass skirts, seashells, pineapple and my husband was wearing the coconuts. What a great memory! Several members joined that vear some of those members are still active in ESA. I think it's time to plan another luau inviting new people as well as reaching out to inactive members inviting them back to ESA. Join me during this time to look back at your ESA journey Then and Now and share your photos

ESA has been the most incredible gift that I've ever been given and it's a gift I'd love to share. Ask me about it! epsilonsigmaalpha.org/BestSelf #ESAThenAndNow



include www.epsilonsigmaalpha.org/bestself #ESAThenAndNow

xoxo, Kim Kim Kummer ESA IC President

Corresponding Secretary

Hello, hello! Hope that all is going well and you have been keeping safe and warm this winter?

We are still several months away from IC Convention in Memphis, Tennessee, but hopefully, you are planning to attend! IF you are going to be in attendance AND you are reaching a special milestone this year as an ESA member, specifically 25 years of service or any five year increment after that, please complete the Years of Service Form that can be found following the state news section of this newsletter. Besides completing this form and mailing it to me, you will need to indicate on your IC Convention Registration form that you will be recognized, too.

In addition to honoring our long time members for their years of service in ESA, President Kim would also like to recognize our newest members in attendance! IF you are a new pledge that will be attending IC Convention AND you will be eligible to receive your jewel pin by that time, please complete the form and return to me.

The form may also be found on the ESA website: epsilonsigmaalpha.org. If you have any questions, please don't hesitate to contact me. Thanks!

Maureen Wells ESA IC Corresponding Secretary, 2018-2019 3009 Tumbleweed Terrace Manhattan, KS 66502-8968 maureenw53@yahoo.com

2nd Vice President





Have you sent in your convention registration form yet? It is attached to this newsletter.

(2) Have you booked your hotel room yet? The link to the Sheraton is also on the registration form and on our ESA website www.epsilonsigmaalpha.org Have you sent in your Trivia Night registration form yet? Have you picked a day to take a tour of St. Jude Children's Research Hospital? All these forms are on the website! Have you heard the news? Memphis, Tennessee has been named the World's Best Destination to Visit for 2019 Look at this link and see all the great things Memphis has to offer! http://a.msn.com/03/en-us/BBSEfSS?ocid=se

- Have you sent in your 2019 IC Registration yet?
- Have you decided on a day to tour St. Jude Children's Research Hospital?
- Have you thought about heading to Graceland? Or taking the Memphis Mojo Tour? All these things are being offered to each of us in Memphis, July 17-21, 2019!
- It's time to make your plans and send in your registration. Full registration is \$250, send it today before the first deadline of May 1, 2019.
- Form a team for Trivia Night and send in your registrations!
- Make those Sheraton Memphis downtown hotel reservations by calling 888-236-2427. *NOTE: You will be charged the first nights lodging, including tax, when you make your reservation.
- Newly designed Facebook page that is opened to the public-Epsilon Sigma Alpha Annual IC Convention @ESA.IC.Convention, check it out and be sure to share away! Also, ask to become a member of the closed group - Epsilon Sigma Alpha Annual IC Convention Group (it is closed because sensitive information will appear, email addresses, etc.) You will find forms, information, FAQ's and all you need to know!
- You may also visit the ESA website www.epsilonsigmaalpha.org to access the forms and information. The local convention committee and I, along with a host of many other people, are working very hard to make this convention one you will NOT want to miss. If you have any questions, please feel free to contact me at lwray2@comcast.net I am happy to help!

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If you have any questions, please feel free to contact me at 810-772-9551 or lwray2@comcast.net

Hugs,

LeAnn Wray

Hugs, LeAnn LeAnn Wray 2018-2019 2nd Vice-President

Workshop Coordinator



Introducing Elise Mitchell – 2019 IC Convention Keynote Speaker

The IC Council is excited to introduce to you this year's keynote speaker! Elise Mitchell is an

award-winning Author, Entrepreneur, CEO, Wife, Mom and Biker.

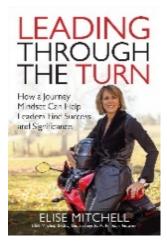
She is an accomplished strategic communications



professional and business leader. Elise received

a master's degree from the University of Memphis and has also trained at Harvard Business School. She is also a wife and mom, and a passionate advocate for women entrepreneurs. She serves on several national boards, is a regular contributor to Entrepreneur.com (https://www.entrepreneur.com) and has a social reach of 18 million.

Elise wrote *Leading Through the Turn: How a Journey Mindset Can Help Leaders Find Success and Significance*. She is a frequent keynote speaker on leadership and the secret to savoring the journey of like.



THE JOURNEY MATTERS AS MUCH AS THE DESTINATION. Scrap the map and go full throttle. Most leadership books tell you how to set and achieve goals. This one is different. This one is written by a communications leader who's as passionate about riding motorcycles as she is about running her business. ... Google Books

This is just one of the many educational opportunities you will

experience – be sure to attend!!!

See you all there, Brenda Meyers, IC Workshop Coordinator

Membership- ESA Headquarters

#ESAThenAndNow

ESA's 90th Birthday celebration is this year! Join in the social media blitz of #ESAThenandNow photos, here's mine! We hope all ESA members will create a social media post with a photo of themselves from the era when they joined ESA as well as a current photo. The idea is to spread the word about ESA and get our non-member

friends interested in learning about us and joining. There are many other members who have already posted, you can check some of them out on Facebook and Instagram by searching #ESAThenAndNow. 90 years only comes around once, don't miss out on this terrific opportunity to celebrate and grow our membership in ESA during Founder's Day season in this very special year.

How YOU And Your Members Can Participate:

Between now and May 1, post a photo on Facebook or Instagram of yourself from when you



Tracy Swanson March 8 at 3:36 PM · 🔐 🗸

I love Epsilon Sigma Alpha. For 30 years I've been a member (just slightly longer than I've been married!), so proud of all our service accomplishments. They're eclipsed in my heart only by the friendships I am a part of all over the country... Blessed by "ESA Family" in almost every state. One of my greatest joys in ESA is helping students find their love of service (in this case, answering phones at the St. Jude radiothon with one of my very favorites!) www.epsilonsigmaalpha.org/bestself #ESAThenAndNow



008 Rowan Hodgdon, Aly Bowen and 204 others

36 Comments

joined ESA. Include the following three things in your post for a chance to be featured on our

national social media pages:

- A message about why you love being a member of ESA
- #ESAthenandnow so we can easily see your post

• This link so your friends can learn more about getting involved with ESA : <u>www.epsilonsigmaalpha.org/bestself</u>

SPONSOR A MEMBER THIS SPRING AND YOU BOTH RECEIVE A GIFT!

May 1 is ESA Founders' Day, and in keeping with ESA tradition, we welcome Founders' Day pledges as part of our celebrations. As a special thanks, when you sponsor a new member between *March 1 and May 31*, both you <u>and</u> your new member will receive matching ESA RFID wallets – a great way to protect your valuables plus a perfect conversation starter and way for you both to show off your ESA pride. Whether you choose a friend across the street or across the country, invite someone to join today and help make ESA's NEXT 90 years wonderful by expanding our circle of friendship and good works. Sign up a new member online, <u>https://www.epsilonsigmaalpha.org/join/community-membership</u> or visit the recruitment page to download an application www.epsilonsigmaalpha.org/recruitment





Hello Everyone

Hopefully spring is around the corner?? Even here in the desert if has not been a nice winter!

I want to personally thank each and every one of you who worked an event, held an event and/or did the Easterseals Challenge I sent out to everyone. The challenge is not too late to catch up on. Will not break the bank but can make a big difference for all those who depend on Easterseals. Email me and I will gladly email a copy back to you! Some helpful hints – housekeeping – or just reminders!

- 1. You can use the Turnaround fund for Easterseals donations. Just please remember to include the Affiliates EIN number and if they are mailing the check-please send the affiliate's address as to where you want it sent.
- 2. Remember Easterseals year runs from April 1 through March 31.
- 3. CHAPTER PRESIDENTS please get your reports to your Easterseals State Coordinator by April 15th as they need to have time to compile the numbers in order to send to me by May 15th.
- 4. Reports need to include miles donated goods donated moneys and number of hours.
- 5. If you need an affiliate contact information, please let me know and I will get that info for you.
- 6. REMEMBER _ this is Easterseals 100th Anniversary.... please maybe consider giving 100 extra pennies? Just think – if every ESA member gave a dollar – look at what we could do for those who depend on Easterseals and the services that they offer! We could really make a difference!!
- If there are any questions, please contact me at <u>dwaltesa@att.net</u> or 317-294-9027
- 8. Would love to have 100% participation by all states.

U can make a big difference for those with disabilities...... remember ESA and Easterseals – "taking on disabilities together"! Hope see many of you in Memphis and hope you plan to attend the Easterseals workshop! Hugs and a big thanks for all that you do. Let's give a "gift" to Easterseals! Deana Walters



Association of the Arts

2018-19 IC Easterseals Coordinator

Hey Crafters! Want to share some exciting news with you! In conjunction with the IC Executive Board, we have made some changes to the Association of Arts Form and entry requirements. First, after much discussion, we have eliminated the Divisions of Literature, Music and Wearable Art. The number of entries in the past few years have

not warranted keeping those Divisions. Second, we have made Quilting a separate Division. Third, in order to make things more equitable, we are limiting the number of entries that can be submitted from each member to one in each Division. For example, you can no longer submit 5



entries under the Photography Division. You can, however, submit one entry in Photography, one in Needlework, one in Painted Art, one in Visual Arts and one in Holiday for a total of 5 entries. We are also



developing a People's Choice award where those who attend convention and visit the display room can vote on their favorite entry. There will still be a Best in Show decided on by the Judges. We hope you will embrace these changes by sharing your Gifts with us in Memphis! Be watching the website for the new form!

Bonnie Templeton and Sandy Weston Association of Arts Co-Chairs

Philanthropic



Hope everyone is having a successful year with your philanthropic projects.

The updated Philanthropic form is now available on the ESA website. Remember it is never too early to track your hours, mileage and money. The 2018-2019 Mileage Rate is \$0. 54.5 / mile.



I have received the name and contact information for the state philanthropic chair from a few of you – if you haven't sent it to me, please do so soon.

Thank you, Chris York, Philanthropic Chair

Chaplain



It is hard to believe that is almost time for the changing of the guard in many of our state councils. As we finish up the ESA year in some state councils—please remember to have the newly installed state presidents send me the contact information for both their chaplain and themselves. During the transition, I will send the report to both the 2018-2019 and 2019-2020 state presidents and state chaplains.

Also did you know that part of being the IC Chaplain, is to be a cyber stalker? A significant amount of time is spent trying to track down addresses and pictures. SOOO, please when you

send information to the IC Chaplain try to include complete information. Especially if reporting the loss of a member. The IC Chaplain needs the picture for the Celebration of Life service at IC Convention and the address so that a card can be sent to the family from the IC Council. I have been leaving online notes of sympathy because sometimes I can find the obituary online but not an address.

I would like to leave you with these words

One tree can start a forest, One smile can begin a friendship, One hand can lift a soul, One word can frame the goal, One candle can wipe out darkness, One laugh can conquer gloom, One touch can show you care, One life can make the difference. BE THAT ONE TODAY.

IC Chaplain Maria Binghiem

ESA Foundation Chair

Many of you are beginning to make your plans to attend IC convention in Memphis. As you may know the ESA Foundation has had a tradition for over 20 years of planning a no-host dinner on the Saturday before the convention begins and this year we are planning another gathering but it will be on "Sunday, July 14" in hopes that more of our members will be arriving early enough to take the St. Jude tours or just hanging out in Memphis for a day or two before convention begins.

Another change is that we won't be having a dinner in a private room of a restaurant with a limited menu. We looked at several options...one being The Lookout at the top of the Pyramid which houses Bass Pro and Big Cypress Lodge. In checking with The Lookout, it was going to be a cost of \$75 for each person and while the view would be spectacular, we felt that that would be more than most people would want to pay so we are going with an open seating arrangement at the Majestic Grille on Main Street. We do hope that you can join us and we do need to know so we can make reservations. You will be able to order off the menu and we have arranged for individual checks. Please contact Tammy Akines if you can join us. As I said, we will need to know how many to make the reservations for so please contact Tammy by May 15. Tammy Akines' email is tsakines@yahoo.com.

If you won't be arriving in time to join us Sunday evening for dinner, we hope you will be arriving by Tuesday afternoon so you can join us at the Foundation Fund Fest. Chairman Linda Schmidt has some fun, new ways for us to spend the evening and help the ESA Foundation. Linda has included some information and the Foundation Fund Fest sign up form if you can help that afternoon/evening, want to be a sponsor or maybe are planning to donate something for the silent and oral auctions. We are already hearing from states who are planning their state donation. In the past, these have been some very creative items.

For anyone who is interested in ESA History, we have a one of a kind item.

At the 1998 IC convention in St. Louis, we had the kick off of the ESA Dog Walks with a poster of Chuck at the Arch. This was a result of the book written by BJ Clark and ESA even had a commemorative statue of Chuck for sale.

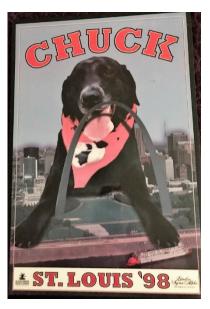
We have the 11.5 x 17 Poster, commemorative Chuck statue and a signed copy of the book "Chuck and the Little Yellow Haired Girl" by BJ for the Foundation Fund Fest oral auction.

March 2019





If anyone isn't able to be at the Foundation Fund Fest, they could contact Linda Schmidt or me or place a bid with us prior to July 13!



If you are a **Life Active member of the Foundation**, or if you plan to become a Life Active member prior to May 31, 2019, we have a **special celebration breakfast planned on Wednesday, July 15** on the St. Jude Campus. Buses will begin to transport guests from the hotel to the campus at 7 a.m. It is very important for you to know that you will need to take the bus...no private cars will be allowed on campus for this event. Even more important is that each Life Active member will be receiving an invitation to the breakfast around May 1 and you need to send your RSVP to Judy York by May 15 so we can make the plans for transportation and breakfast. If you are a new Life Active member this year, or if you have been one for 40 years, you will want to be there!

Rosalee Echele 2018-2019 ESA Foundation Chairman

ESA Foundation Board of Directors

Save The Date

The Foundation Board of Directors would like to extend a "Special Invite" to all those arriving early for the 2019 International Convention in Memphis Tennessee. If you are arriving on Sunday before *Convention*, the Foundation board has arranged for group dining at a local restaurant. We know not everyone comes in early as we do, and we want to invite those of you planning on arriving early to us join us for a *Special* night of fun in a relaxed atmosphere.

Date – Sunday July 14, 2019 *Time* – TBA *Where* – The Majestic Grille *Price* – Dutch Treat (each will order from menu) *Contact* – Tammy Akines *Deadline for Reservations* – May 15, 2019 please RSVP to *Tammy Akines* email <u>tsakines@yahoo.com</u> or Phone **870 370 0923**.



ESA Foundation Fund Fest

I hope you are planning to attend IC Convention this year. There is so much excitement that we are able to visit St. Jude and enjoy all Memphis has to offer. I'd like to remind you of the Foundation Fund Fest held on Tuesday, July 16th during IC Convention in Memphis. If you are a first time attendee, it's an evening of fun and fellowship with other ESA friends where we raise money for the ESA Foundation. If you are a return attendee, you already know of this event and how you have made a difference over the years by your participation.

Everyone is welcome to come and play! The Fund Fest begins at 6:30 pm and you can play Black Jack, Farkle, Horse Racing, and Mexican Train with no cost!! Don't be late because those tables are very popular and will fill up quickly. Throughout the evening there are opportunities to bid on great silent auction items, oral auction items, and baskets or items donated by many of our states and individuals. Don't forget the Giving Board where you can make a donation to the Foundation. There are two new, fun ways to participate in, as well as our ESAF Merchandise table and Kard Kapers, both always a favorite of our members! Items for the silent auction are highly popular, and include some St. Jude merchandise items, books, toiletry items, and on and on. We are still accepting sponsorship donations for our event. They start at \$100 and your name will be proudly shown at one of our tables/games. Also, we still need silent and oral auction items, and basket/purse donations by the states. Please let me know if you plan to bring something by completing the form included in this publication. Also, we do need workers to set up, tear down, and work the actual event. Send me a completed form so I know your availability to help.

Thank you to all who volunteer to help at the event. You will be notified by me as to what your responsibility is via email. I can't wait to see you at the ESA Foundation Fund Fest on July 16th!

Top 5 Things about the ESA Foundation Fund Fest

- 5. A fun evening spent with your friends.
- 4. A cash bar for your drinking pleasure.
- 3. Experiencing new games.
- 2. Winning wonderful Silent Auction and Oral Auction Items.
- 1. Knowing you are making a difference by donating to the ESA Foundation Fund Fest!!

Linda Schmidt

ESAF Fund Fest Chairperson

Trivia Night!

Questions for you:

- 1. How many total number of dots are on a pair of dice?
- 2. What was Mohammed Ali's birth name?
- 3. In which sport would you perform the Fosbury Flop?

Now that wasn't hard was it? Well there will be great questions this year on Thursday night, July 18 at the Trivia Night event at our International Convention. There is always lots of fun and laughter and competition between teams. Please plan now to join us for a great evening. We will also have "Be a Gem" tickets for sale. This is a great way to support the International Council and you don't have to be present to win. See your State President or your incoming State President or your IC Representative at your state convention.

Both of these events help support the International Council and they are lots of fun as well. I hope to see all of you in Memphis for a great time!

The flyer and form for Trivia are included in this newsletter. Sign up now!

Oh and in case you needed the answers they are: 42, Cassius Clay and the high jump. Sherry Day Special Projects Chairman International Council

State Council and Chapter News

Texas State Council

Texas State Council

President: Kelly Kinser

"JUST IMAGINE"

Publicity Chair: Cheryl Deleranko

As with most ESA members, December didn't slow down. There were many charitable events throughout the state. Foremost on our Wish List were benefits for *St. Jude Children's Hospital*. ESA members from *Zeta Tau & Delta Epsilon* joined *District IV*, San Antonio, on December 13th & 14th, to help generate an incredible donation of *\$525,689*! This was thanks to the incredible partnership with *KJ-97*, an I-Heart radio station, at the North Star Mall in San Antonio. Royce Walker, Becky Hovermale, and local St. Jude Rep, Anyoleth Sanchez, made



L-R: Carolyn Worley, Judy Owens, Susanne Dullack, Tamara Carroll, & Royce Walker, our Coordinator.





The Kappa Beta Holiday Tea at the Dallas Arboretum was an incredible day, with perfect weather & special memories. Christmas Tree, L-R: Cree, Cathy Roberts, Texas State President: Kelly

Kinser, Sue Jones, Pam O'Neal Gonzalez, Cyndy Long, Heather Thatcher, & Judy Canterbury



Just a bit late, however we wanted to mention a great honor for our Past Texas State President, *Linda Waters*. At the IC Convention in Phoenix in July 2018, our very own Ms. Waters was recognized as the recipient of the *BJ Clark Award*. This Award is given to the State President who has gone above and beyond the responsibilities of her office as State President.

Texas Chairpersons, Rose Pasillas & Debbi Morris, are actively preparing with their committees for the *IC*

Convention to be held July 15-18, 2020, at the *Embassy Suites in Grapevine, Texas*. It's never too early to plan for this fun & TEXAS size event! We are so very excited about it ourselves—to Welcome ESA members from near and far!

Hoping you all had a Very Merry Christmas and have exciting plans for 2019! "People who are crazy enough to think they can change the world, are the ones who do." -- Rob Siltanen

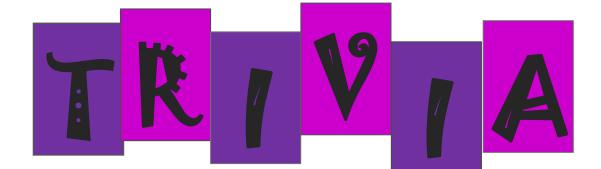
ESA Foundation Fund Fest Tuesday, July 16, 2019 – Memphis, TN

The ESA Foundation needs your help at IC Convention with the Foundation Fund Fest & Merchandise table. Please let me know if you would be willing to help at a game table, set up and clean up, donate or work at the silent auction tables.

Sponsors:	\$100 – Game table Spor									
FFF Patrons:	\$200 Silver \$300 Gold									
	\$500 Pearl \$1,	000 Platinum								
Member Number:	Chapter Name/									
Willing to Donate:	Silent Auction Items									
	Oral Auction Items									
	State Basket –Descriptio									
(Please mark value of all auction items to assist in bid amounts)										
the week – specific I will h Date(s	nelp sell merchandise, collect (s)T	dues and donat ïme(s)	ions							
	Phone									
Address	City	State	Zip							
Please return this for Ischm79148@comca	m to: Linda Schmidt, 2101 S. Do st.net.	wning St., Olathe	e, KS 66062,							
Thank you for all that	you have done and continue to	do for the ESA F	oundation							

Linda Schmidt Foundation Fund Fest Chairman 913-486-2814

Sponsored by ESA International Council



TEST YOUR KNOWLEDGE!

Enjoy a night of trivia, laughter, fellowship, and CASH PRIZE!

Winning Team will be awarded \$1000

Each table can buy:

- One Star for \$10 used to double the score earned for one round during the night
- Up to ten mulligans for \$1 a piece – one used per round to cancel out a wrong/doubtful/blank answer

Contact

Sherry Day 17619 N. 102nd Drive Sun City, AZ 85373 602-751-4360 Sherryday1@cox.net

Reserve a Team Table Today!

Night

THURSDAY JULY 18, 2019

IC Convention Sheraton Memphis Downtown Hotel Memphis, Tennessee Doors open at 6:30 p.m. Questions start at 7:00 p.m. Sharp

\$30 per person

(10 player maximum per team) Make checks payable to: International Council ESA

*Sorry - No Spectators

Form your team and reserve your table early! OR Join a table of individuals to make a team At IC Convention

Sponsored by ESA International Council								
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	Night							
ESA Internation Sheraton Memphis Memphis, T Thursday, Ju	al Convention Downtown Hotel Tennessee							
Name:								
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City/State/Zip:								
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\$30 per person (10 person maximum per tear If you are paying for more than yoursel								
Amount Enclosed:	Please Check One:							
\$	□ Yes, I have a team formed							
	No, I do not have a team yet, but will have one formed before IC Convention							
	□ No, I do not have a team, will you help me find a team?							
<u>Mail form & money to:</u> Sherry Day								
17619 N. 102 nd Drive	Make checks payable to:							
Sun City, AZ 85373	International Council ESA							



2019 IC Convention – Memphis, Tennessee Years of Service Ceremony & Jewel Pin Ceremony

Name:										
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